



18TH SOUTH EAST ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

16TH TO 20TH MAY 2024

VIENTIANE CITY, LAO PEOPLE'S DEMOCRATIC REPUBLIC

Under The Umbrella Of The

WORLD BODYBUILDING AND PHYSIQUE SPORTS FEDERATION

COMPETITION TERMS AND RULES

- 1) 11 (eleven) South East Asian Countries are invited to participate viz: BRUNEI, CAMBODIA, INDONESIA, MALAYSIA, MYANMAR, PHILIPPINES, SINGAPORE, TIMOR-LESTE, THAILAND, VIETNAM and host country LAOS.
- 2) Date: from 16th to 20th May, 2024 in Vientiane, Laos.
- 3) Venue at Donchan Palace Hotel, Vientiane Capital City, LAO PDR.
- 4) Registration Fee US\$600.00 for a twin sharing room and US\$850.00 for a single room including breakfast, lunch and dinner.
- 5) Only Executive Council members will be eligible for a single room with their spouse (if any). Subcommittee members and judges will be allocated a twin sharing room and if a request for a single room to upgrade, each person has to pay US\$350.00 more extra.
- 6) Visa application, please check the online Visa Application or with your Ministry of Foreign Affairs.
- 7) All teams will be picked up from the airport to their hotel (the name of the hotel etc. will be provided after the inspection in February 2024). It is important that you MUST inform the organizer of your flight details 2 weeks in advance prior to your arrival, failing which you need to find your own transport to the hotel.

Email of Organizer: laobbf2023@gamil.com

CONTACT PERSON

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- 8) Other terms and conditions not stipulated in the terms and conditions, will be based on the WBPF Rules and Bylaws.

